

**NwBestCPR**

First Aid+CPR Training



Family / Parent Oriented  
**First Aid and CPR Training**

**Hosted at RSAR School  
Wednesday, March 27th, 12:45 - 4:45 p.m.**

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You hope you never have to perform First Aid or CPR on your family, but when you do,

You want to know how - **RIGHT NOW!**

NW**Best**CPR offers the most professional training in Seattle. We customize First Aid and CPR scenarios to help families learn to confidently recognize and provide first aid attention to friends, family, neighbors and co-workers. Your training will be highly efficient and enthusiastic during a fast-paced 4-hour class.

### How you benefit

Your certification will be valid for two years and instruction will be tailored to situations you may encounter at home with your children, infants, or family. You will leave with the confidence, knowledge, and practical skills required to perform First Aid or CPR when and wherever needed.

**Topics include: Asthma, Allergies, Choking, Heart Attacks, Stroke, Diabetic Emergencies, Seizures, Bone and Joint Injuries, Injury Prevention, Bleeding, Burns, Drowning, Shock, Head and Neck Injury and much more...**

Make sure your family knows First Aid and CPR - **the life you save may be your own!**

Children age 10 and above may attend. \$40 per person. Payment accepted by cash, check or credit card the day of training.

For additional information or to reserve space, please contact:

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